

# SYMPTOMS QUESTIONNAIRE

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**In recent weeks, how much have you been bothered by the following problems?**

Please mark only one circle per item.

SECTION 1	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I lose or misplacing important items (keys, wallet, papers)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I forget what people tell me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I forget what I've read	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I lose track of time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I forget what I did yesterday	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I forget things I've just learned	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I forget meetings/appointments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I forget to turn off appliances (iron, stove)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

SECTION 2	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time following conversations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can remember only one or two steps of instructions or directions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I take too long to figure out what someone is trying to tell me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 3

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am easily distracted	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time concentrating in noisy environments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time following conversations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time concentrating on challenging tasks (for example: work or paying bills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 4

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I say things without thinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do things without thinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do not follow directions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I dominate conversations (for example: I talk more than other people in a conversation)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I interrupt when others are speaking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 5

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
My body hurts a lot of the time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't get enough sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel tired	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am bothered by light	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 5

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time focusing my eyes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time telling how near or far away objects are from me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 6

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time understanding what people tell me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time understanding what I've read	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time finding the right word when speaking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time getting people to understand what I am trying to say	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time finding the right words when writing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 7

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time keeping to a schedule	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time deciding which of my daily tasks I should do first	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time starting tasks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time switching from one task to another	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time completing tasks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time completing tasks correctly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 7

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time completing tasks on time (paying bills, work activities)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 8

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I have a hard time figuring out how to handle new problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time changing my mind when things change	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time learning new ways of doing things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't understand why people do things differently than me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 9

	N/A I don't have this problem at all	I have this problem but it <b>never</b> <b>bothers me</b>	I am slightly <b>bothered</b> by this problem	I am very <b>bothered</b> by this problem	I am <b>extremely</b> <b>bothered</b> by this problem
I feel anxious	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel irritated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I cry easily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel depressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel traumatized	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I overreact to things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I give permission for the information I added on this form to be entered at the MINDSOURCE secured on-line web portal so I can receive information about brain injury strategies and accommodations.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_