

Nineteenth Annual Conference

Unlocking Potential through Exemplary Services, Innovation and Research



**BRAIN INJURY
ASSOCIATION**
OF PENNSYLVANIA

June 23-25, 2019
**Lancaster Marriott
& Convention Center**
Lancaster, PA

Registration

CONFERENCE INFORMATION

CONFERENCE PROGRAM

The Brain Injury Association of Pennsylvania (BIAPA) is pleased to announce its Nineteenth Annual Conference. The conference will be held on June 23-25, 2019.

The theme this year is *Unlocking Potential through Exemplary Services, Innovation and Research*. Focusing on our theme, the conference program will feature outstanding keynote and plenary presentations as well as three concurrent educational tracks:

- **Practical Approaches & Creative Solutions**
 - **Research & Outcomes Measurement**
 - **Supports, Services, & Policy Updates**

We are expecting more than 350 attendees, including a wide variety of rehabilitation professionals, family members, and survivors, so don't miss this high-quality event at the Lancaster Marriott and Convention Center. CEU credits will be offered. In addition, a pre-conference ACBIS review course and exam is scheduled.

KEYNOTE & PLENARY SPEAKERS



Carole Starr
Sunday Opening Keynote



Lydia Greear
Monday Opening Keynote



Ramon Diaz-Arrastia, M.D.
Tuesday Morning Keynote



Leonard Kamen, M.D.
Tuesday Afternoon Plenary

LANCASTER MARRIOTT & CONVENTION CENTER OVERNIGHT ACCOMMODATIONS

The conference will be held at the Lancaster Marriott and Convention Center located at Penn's Square in the heart of Lancaster City.

Overnight reservations can be made by calling 1-800-228-9290. The reduced conference rate of \$114 can be obtained by requesting the Brain Injury Association room rate. Rooms are available on a first-come, first-served basis. The deadline to make a reservation is Friday, May 31, 2019.

Registration Information Three Ways to Register

Mail the enclosed registration form to: Brain Injury Association of Pennsylvania
950 Walnut Bottom Road, Suite 15-229, Carlisle, PA 17015

Fax the form to: (717) 692-5567

Online registration will be available after April 1, at www.biapa.org.

Registrations cannot be processed without proper payment. Please provide your email address on the registration form to receive an electronic confirmation.

Questions? Contact Kara Latshaw at
1-866-635-7097 or email admin@biapa.org

CONFERENCE PROGRAM

Saturday, June 22, 2019

10:00 am to 6:00 pm

REVIEW COURSE FOR THE CERTIFIED BRAIN INJURY SPECIALIST CERTIFICATION (CBIS) EXAM
CBIS Registration Deadline – May 17, 2019

A review course for the Certification of Brain Injury Specialists (CBIS) exam will be offered prior to the Conference. The course is not a training course, but rather a review of materials pertinent to the exam. The group exam is only open to persons who have taken this BIAPA review course. Please note: The review course alone will not likely be enough preparation to pass the exam. Prior study of *The Essential Brain Injury Guide Edition 5.0* is considered necessary to pass the exam. Specific registration and application procedures must be followed. Please email Kara Latshaw at admin@biapa.org for the instructions. *Additionally, application to CBIS is required. The cost is not included in the review course or conference registration.

Sunday, June 23, 2019

8:00 am – 4:30 pm

REVIEW COURSE FOR THE CERTIFIED BRAIN INJURY SPECIALIST CERTIFICATION (CBIS) EXAM

8:00 am to 1:00 pm – Review Course for CBIS Exam
2:15 pm to 4:30 pm – CBIS Exam

Review Course for the Certified Brain Injury Specialist Certification (CBIS) Exam continues.

See above description. *Additionally, application to CBIS is required. The cost is not included in the review course or conference registration.

Sunday, June 23, 2019

9:00 am to 6:30 pm

NEW BRAIN INJURY FUNDAMENTALS COURSE AND QUIZ

9:00 am to 4:00 pm – Brain Injury Fundamentals Course
4:15 pm to 6:30 pm – Brain Injury Fundamentals Quiz
Brain Injury Fundamentals Registration Deadline – May 17, 2019

This is an all-new training and certificate program recognizing the unique needs and challenges of those who care for or interact with individuals with brain injury. *Additionally, application to Fundamentals through CBIS is required. The cost is not included in the review course or conference registration.

Sunday, June 23, 2019

2:00 pm – 3:15 pm

SUNDAY OPENING KEYNOTE

Weasilience: Handling Life's Wild Moments

~ Carole Starr, Author

A humorous and inspirational presentation about developing resilience after adversity. Using lessons learned from her 20-year brain injury journey and insights from resilience research, Carole Starr will share strategies that survivors, caregivers and professionals can use. There's a funny story behind the unusual title of this speech that you won't want to miss!

Sunday, June 23, 2019

3:30 pm – 4:30 pm

SESSION #1

This is Rehab: Martial Arts as a Therapeutic Intervention
~ Maggie Hackman, MS, CBIS & Brennan Ganteaume,
Owner/Instructor of Lititz Martial Arts

This workshop will present an innovative therapeutic programming approach that incorporates martial arts training into a more traditional rehabilitation setting. The presentation will include a review of the origins of the model program as a client-driven response, the rationale for its incorporation into neurorehabilitation programming, and observational and anecdotal indicators of its efficacy. The content will be augmented by a brief video demonstration, and participants will gain a clear understanding of how similar programming can be implemented in other settings.

SESSION #2

I Am Not Me: Emotional Adjustment after Concussion/Mild Brain Injury

~ Ann Marie McLaughlin, PhD

Fortunately, our society has become increasingly aware of the impact of concussion, or mild traumatic brain injury, on the daily lives of injured individuals. There has been a focus on return to play guidelines, accommodations needed due to cognitive deficits, headaches, balance disorders, and even the possible risk of chronic traumatic encephalopathy. Less frequently discussed, however, is the impact of concussion on personality, adjustment and coping. Recent research has highlighted the association between concussion and emotional difficulties and has attempted to further explore the relationship between post-concussion adjustment issues and the presentation of psychiatric patients. At times, emotional reactions after a concussion may be misinterpreted as a dramatic presentation rather than as a neurologically based outcome. This misinterpretation can negatively impact the individual's outcomes since appropriate treatment may not follow if providers are questioning the individual's emotional symptoms. This presentation will identify the emotional sequelae of concussion including organic and reactive origins. Post-concussion depression, anxiety, and irritability will be discussed. Importantly, approaches to understanding and managing emotional and personality changes will be reviewed.

Sunday, June 23, 2019

4:45 pm – 5:45 pm

SESSION #3

Meditation Not Just for Life, but for Brain Health

~ Christine Lawrence, MA, LPC, LCADC, CCS, ICADC,
ACS, RYT 200

This workshop will focus on meditation, what it is, and its practical uses for grounding, attempting to come into the here and now, and maintaining brain health.

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SESSION #4

Artistic Depiction of Emotional Consequences of Brain Injury
~ Heather Brossman, BA, CBIS, Sally Kneipp, PhD, CRC, & Kym Stine

Following a brief overview of emotional consequences of brain injury, Kym Stine, author of *The Scrambled Brain*, will display and explain some of her artwork illustrating emotions she has experienced since her brain injury in 2014. As she states in her book, "My art was an unconditional companion as I navigated through the challenges faced in my recovery process. When words were hard to find, the soul-saving images that expressed my thoughts and visually documented my journey emerged... My artistic creations have been my best voice." Discussion will then focus on strategies to cope with the emotional consequences of brain injury.

Sunday, June 23, 2019

5:45 pm to 7:30 pm

SUNDAY EVENING RECEPTION

(included in the cost of registration)

Join us for this exciting evening event! The reception will feature Ruby Taylor, who will give an inspirational address on her own experience with brain injury and how she lives her best life. Attendees will enjoy dinner stations throughout the evening. The evening will include music and time to reacquaint with friends and colleagues or meet new ones.

Sunday, June 23, 2019

8:00 pm to 10:00 pm

The Sunday Night Movie Event – Every 21 Seconds

(included in the cost of registration)

Every 21 Seconds is a motion picture based on the true story of Brian Sweeney, traumatic brain injury survivor. Brian is among a short list of TBI survivors to write his own story. Brian's book, *Every 21 Seconds*, has been recognized by experts in the field of traumatic brain injury to be the most realistic book ever written on the subject. *Every 21 Seconds* chronicles the hidden complexities experienced after traumatic brain injury, as can only be told by a survivor. Mr. Sweeney describes the "roller coaster ride," from the time of injury to the present, for himself, his family, his friends and his employers. The misunderstandings, biases, and injustices are clearly described along with wonderful insights into his abilities and disabilities. His struggle is a guide to survivors and those who love and care for individuals affected by brain injury.

Monday, June 24, 2019

8:00 am to 9:00 am

BREAKFAST BUFFET (included in the cost of registration)

Monday, June 24, 2019

9:15 am to 10:15 am

MONDAY OPENING KEYNOTE

TBI - Walking in the Unknown

~ Lydia Greear, Author

The brain is so complex that scientists have difficulty trying to reproduce its function. Recovering from TBI is different for every survivor. The recovery is as unique as the brain. In this keynote session, we will hear about walking through the unknowns of traumatic brain injury and recovery, from a caregiver's perspective.

Monday, June 24, 2019

10:45 am to 11:45 am

SESSION #5

Applying Principles and Practices of Person-Centered Thinking in Brain Injury Rehabilitation

~ Stefani Eichelberger, MSW, LCSW, CBIS, CESP, & Sally Kneipp, PhD, CRC

Over the past few years, person-centered thinking has been increasingly recognized as an essential concept in services and supports for people with disabilities, including those with significant functional limitations. This presentation will focus on understanding how person-centered thinking can provide the foundation for therapeutic approaches in rehabilitation following a brain injury. This workshop will be interactive, using case illustrations to encourage members of the audience to consider the principles and practices of "Important To..." and "Important For..." in developing rehabilitation service plans at various stages of the rehabilitation process. This workshop may be of interest to survivors, family members, providers, case managers, and support coordinators.

SESSION #6

Neurological Manifestation of Psychological Symptoms: A Case Study

~ Erica Devery, MSW, LSW, CCTP, CBIS

Having the opportunity to work with an individual with a traumatic brain injury and non-epileptical seizures is both enriching and challenging. It is a difficult, ever-changing, and winding road to understand the uniqueness that this combination brings to one's life and how it can impact those who experience it every day. The emotional distress and discomfort, which some individuals experience, can be so intense that it can open a gateway to seizure-like episodes. Through cognitive behavioral and trauma techniques, a positive quality of life can be pursued. The goal of this session is to help educate others further on this unique diagnosis and help individuals rise above the often-associated negative outlook or attitudes others may feel towards an individual with a traumatic brain injury and non-epileptical seizures.

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SESSION #7

Let's Get Together: The Opportunities and Challenges of Group Therapy After Brain Injury

~ William Gardner, PhD

Suddenly being in the unfamiliar world of brain injury can be confusing, overwhelming, and isolating. Oftentimes, people do not know where to find support and guidance. Group therapy can be an important part of breaking that isolation and finding the support and wisdom from people who know the experience. However, group therapy also brings with it certain unique challenges and not all therapy groups are the same. This presentation will discuss those benefits and challenges, the different types of therapy groups, and the process of creating or finding a therapy group that is the right match for different needs.

Monday, June 24, 2019

12:00 pm to 1:00 pm

ATTENDEE LUNCHEON (included in the cost of registration)

Monday, June 24, 2019

1:00 pm to 1:45 pm

Brain Injury Association of Pennsylvania Annual Meeting

Come learn about the exciting new programs and opportunities as the leadership of BIAPA describe this year's impressive accomplishments! Make your vote count as BIAPA elects new board members and officers.

Monday, June 24, 2019

2:00 pm to 3:00 pm

SESSION #8

Creating Infrastructure for Ex-Offenders with Brain Injury: From Identification to Community Living

~ Madeline DiPasquale, PhD, Monica Vaccaro, MS & Chris Von Zubin, PhD

Persons with brain injuries often have difficulty re-integrating into social and community roles following injury, and there is an even greater challenge for survivors with dual diagnoses or with a history of incarceration. The goal of this presentation is to describe a framework and infrastructure that best supports professional staff during the process of identification of persons, assessments, and the community-based supports required to achieve the most successful outcome possible.

SESSION #9

Unlocking Potential Through Planning: Benefits, Waivers, Guardianship and Estate

~ Branden Sacks, ChSNC™, CFP®, CRPC®, Brittney Yanchek, ChSNC®, CRPC® & Alissa Gorman, JD, LLM

This panel discussion will use an open format to facilitate sharing and learning about what resources and supports are available to help reach your full potential. Bring your questions or come to hear about what others ask and say regarding employment, estate issues, guardianship, housing, benefits, and waivers. A former supports coordinator, two

special needs consultants, and a special needs attorney will host the panel. Possible discussion topics include: Special Needs Trusts, Guardianship, Waivers, SSI, SSDI, Employment solutions, ABLE accounts, Medicaid, and Medicare.

SESSION #10

Use of a Structured Problem-Solving Approach After a Traumatic Brain Injury

~ Jordan Kurland, MSS, LSW, CBIS

People encounter problems on a daily basis, but a brain injury can contribute to difficulties in finding solutions. Individuals who have sustained a brain injury may experience difficulties which complicate problem-solving, including increased impulsivity, decreased awareness, concrete thinking, and a rigid approach to weighing options. Research (Cantor, Ashman, Dams-O'Connor, Dijkers, Gordan, Spielman, & Oswald, 2014) has demonstrated that individuals benefit from using a structured problem-solving approach. This workshop, presented by a licensed social worker and a brain injury survivor, will review problem-solving barriers which may be experienced after a brain injury, and will describe the SWAPS approach to problem-solving. Use of the SWAPS method in group sessions and in individual therapy will be described; interventions that can be used by survivors, their family members, and their caregivers will be highlighted.

Monday, June 24, 2019

3:15 pm to 4:15 pm

SESSION #11

The Road to Recovery: A Model for a Cognitive Linguistics Therapy Group after Traumatic Brain Injury

~ Shelley Slott, MS, CCC, SLP, Clinical Educator at Salus University, and students - Meghan Schafer, Jaclyn Kolano, Krupa Desai & Cassidy Mertz

This presentation will discuss how a group therapy program at Salus University utilizes cognitive linguistic therapy, in a structured yet individualized program, to improve the functioning of those with traumatic brain injury. A Salus University clinical educator, who runs and supervises graduate speech language pathology (SLP) students, and SLP students who jointly run the group will share their experiences and explain the process used during the group sessions. The therapy structure will be explained and examples will be provided. Additionally, at least one client will share how the group has supported his/her needs.

SESSION #12

Brain Injury and Addiction: A Cognitive Rehabilitation Approach

~ Jennifer Urbine, MA, NCC, CBIS

As the opioid crisis looms, treatment providers report an increased number of individuals with co-occurring brain injuries and substance use disorders in brain injury and substance use disorder treatment facilities. However, treating individuals with co-occurring brain injuries and addictions requires special considerations, skill sets, training, and

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treatment approaches to ensure the most effective treatment possible. This presentation will explore the brain, addiction, brain injury, and the interaction between brain injury and addiction, including associated deficits. You will learn treatment approaches and techniques to help individuals recovering from brain injuries and addictions. This presentation will also reference emerging research on treating addiction as a brain injury.

SESSION #13

Celebrate Success: Survivors Describe Their Brain Injury Rehab Process, Their Strategies and Successes

~ Ann Marie McLaughlin, PhD, & a Panel of Survivors

Brain injury survivors will share their stories about their injuries, rehabilitation, and successes. This session will highlight coping strategies, community resources, and activity patterns that have enabled survivors to resume roles and relationships in a meaningful way. Special issues related to addressing family dynamics, vocational goals, and behavioral changes will be addressed. Audience members are invited to share their perspectives in this interactive session.

Monday, June 24, 2019

4:30 pm to 5:30 pm

SESSION #14

The Clinicians' Guide to Purposeful Rounding

~ Beth Anne Unger, OTR/L, CBIS, & Amy Monroe, CCC-SLP, CBIST

Individuals diagnosed with a brain injury often need close monitoring because of their unique challenges, behaviors, educational needs, and needs for interactive family/caregiver training, etc. This presentation will explain a hands-on interdisciplinary team approach to purposeful rounding. It will look at how using a patient-centered approach during rounds will improve communication among team members and maximize the patient's outcomes. Practical information will be shared/provided on how rounding is used in an inpatient rehab hospital in conjunction with case examples.

SESSION #15

Three Innovative Rehab Programs to Promote Recovery Following Brain Injury

~ Kelli S. Williams, PhD, CBIS, William Leiner, MS, RN, BC, Areli Pellegrino, BA, CBIS, CPI & Thomas McCurnin, BS, CBIS, CPT, ALICE-T, NPCI-T

This will be a panel presentation of three innovative programs developed to help brain injury survivors to increase creativity, positivity and functional movement. Areli Pellegrino will present how Abstract Movement Art can be used as a tool to achieve a positive outlook in a rehab environment. Additionally, she will discuss the use of how intuitive Scribble Art, in particular, can provide many therapeutic benefits, while allowing conscious and unconscious thoughts to work in harmony to create beautiful abstract art. Thomas McCurnin will present a program titled, Grease the Pathway, which involves using functional fitness to make everyday

activities easier to perform. Finally, William Leiner, Jr., will present Wood Working for Health and Wellness, to describe how an organized woodshop has been shown to be beneficial as a "whole brain activity" in improving quality of life for brain injury survivors. This presentation explains the process from assessment through completed projects.

SESSION #16

Utility of a Virtual Voice Assistant for Individuals with TBI: Applications, Limitations and Considerations

~ Tim Makatura, PhD, & Tina Bunyaratapan, MEd, CBIS

Virtual voice assistant technology has rich potential to improve the daily functioning of individuals with traumatic brain injury. This presentation will identify uses within the field of rehabilitation and beyond, into the broader sphere of living with TBI. Limitations to utility with individuals with traumatic brain injury, differentials in predicting success, and determining an approach to using this technology will be discussed. Considerations for the future, including privacy and ethical concerns, will be explored. The use of virtual voice assistant technology with one individual who sustained a traumatic brain injury with resulting severe visual deficits will be presented as a case study.

Monday, June 24, 2019

5:30 pm to 7:30 pm

Monday Evening Attendee Reception, Silent Auction
(included in the cost of registration)

The reception will feature delicious hors d'oeuvres stations and music. The annual Silent Auction benefits the David Strauss Memorial Scholarship Fund, which provides scholarships for conference attendees with brain injuries and their families or caregivers. For more information on donating items for the Silent Auction, email admin@biapa.org.

Monday, June 24, 2019

7:30 pm to 9:30 pm

Coffee with Cristabelle (included in the cost of registration)

Hosting our annual Coffee House, Cristabelle Braden will share her musical talents and her story with attendees. This event will also feature an open mic session for attendees to share their poetry, music or story with the audience. It wouldn't be a Coffee House without great coffee so a variety of coffee and beverages, along with special treats, will be available for you.

Tuesday, June 25, 2019

7:30 am to 8:30 am

BREAKFAST BUFFET (included in the cost of registration)

Tuesday, June 25, 2019

8:30 am to 9:30 am

TUESDAY MORNING KEYNOTE

Dementia after Traumatic Brain Injury: What is the Pathology?

~ Ramon Diaz-Arrastia, MD

Traumatic brain injury (TBI) is among the earliest illnesses described in human history and remains a major source

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of morbidity and mortality in the modern era. One of the most feared long-term consequences of TBIs is dementia, as multiple epidemiologic studies show that experiencing a TBI in early or midlife is associated with an increased risk of dementia in later life. It is presently unknown whether dementia in TBI survivors is pathophysiologically similar to Alzheimer disease, chronic traumatic encephalopathy (CTE), or some other entity. Such information is critical for developing preventive and treatment strategies for a common cause of acquired dementia. This presentation will summarize the epidemiologic data linking TBI and dementia, review existing clinical and pathologic data, and identify areas where future research is needed.

Tuesday, June 25, 2019

9:45 am to 10:45 am

SESSION #17

Triage Considerations for Optimal Recovery in Concussion Patients

~ Elizabeth Anne Rohrer, OTR/L, & Dale R Walton, PT

This presentation will provide a thorough overview of post-concussion treatment interventions and how to efficiently triage care with a dynamic team of professionals in order to optimize patient recovery.

SESSION #18

Brain Injury in Older Adults

~ MJ Schmidt, MA, CBIST, Monica Vaccaro, MS, & Julie Myers

This session will provide an overview of issues related to brain injury in older adults. The presentation will highlight the incidence of brain injury in seniors, differences in both diagnosis and recovery, and the implications for treatment. Recommendations to minimize risk of injury will be discussed. The presentation will also briefly touch on issues faced by those who are aging with a brain injury. The session will conclude with a brief discussion of work in Pennsylvania through a federal TBI Implementation grant which seeks to bring education and awareness of this issue to healthcare providers to seniors.

SESSION #19

Post Traumatic Amnesia Protocol: An Interdisciplinary Approach in the Acute Rehab Setting

~ Elizabeth Marcy, PT, DPT, NCS, Stephanie Farm, MS, OTR/L

Post-traumatic amnesia (PTA) is a confused state brought on by physical and chemical changes in the brain after a traumatic brain injury. Persons with PTA are not oriented to date or location, have difficulty recalling day-to-day events, and may become easily upset. An interdisciplinary task group, utilizing evidence-based guidelines, developed a protocol to help staff and caregivers communicate more effectively with people in a state of PTA. Use of these strategies helps to reduce patient frustration and distress through more uniform communication by all staff. The training has raised

staff awareness of methods used to engage patients in therapy tasks.

Tuesday, June 26, 2018

11:15 am to 12:15 pm

SESSION #20

Endophenotypes of Traumatic Brain Injury: Biomarkers Will Guide Novel Therapies

~ Ramon Diaz-Arrastia, M.D.

Endophenotypes are quantifiable components in the genes-to-behaviors pathways, distinct from psychiatric symptoms, which make genetic and biological studies of etiologies for disease categories more manageable. The endophenotype concept has emerged as a strategic tool in neuropsychiatric research. This emergence is due to many factors, including the modest reproducibility of results from studies directed toward etiologies and appreciation for the complex relationships between genes and behavior. Disease heterogeneity is often guaranteed, rather than simplified, through the current diagnostic system; inherent benefits of endophenotypes include more specific disease concepts and process definitions. Endophenotypes can be neurophysiological, biochemical, endocrine, neuroanatomical, cognitive or neuropsychological. This presentation will focus on endophenotypes of traumatic brain injury, and biomarkers with relevance to therapeutic intervention.

SESSION #21

Songwriting and Lyric Analysis in Music Therapy

~ Kathleen Lyons, MS, MT-BC, CBIS

Music therapy is an established health service used to address physical, psychological, cognitive, and/or social functioning for individuals of all ages. Research has shown music therapy to be effective in reducing muscle tension; decreasing anxiety/agitation; increasing verbalizations, motivation, and self-esteem; enhancing interpersonal relationships; and providing an outlet for safe emotional release. This interactive session will emphasize what music therapy has to offer to brain injury survivors and their families. It will focus on songwriting and lyric analysis. Information on possible funding sources will be included.

SESSION #22

Healing through Spirituality: Introduction of Chaplain Services to TBI/ABI Rehabilitation

~ Karen Rosenberger, PsyD, Brandon Grasso, TBI Survivor, & Paul Auckland, DD, MDiv, BA

Survivors of traumatic and acquired brain injuries may experience tremendous life and spiritual upheaval. Many struggle to find purpose in daily living. In order to more fully incorporate spiritual wellness into treatment, a rehabilitation facility has recently added a chaplain to the treatment team. This three-part presentation features the perspectives of the clinical team leader, the chaplain, and a survivor. Through stories, images and research, each explains how the presence of a chaplain can be a potent healing component through

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all stages of rehabilitation for persons with traumatic and/or acquired brain injury.

Tuesday, June 25, 2019

12:15 pm to 1:15 pm

ATTENDEE LUNCHEON (included in the cost of registration)

Tuesday, June 25, 2019

1:15 pm to 2:15 pm

TUESDAY LUNCH PLENARY

Community Health Choices – The New Waiver Program for Pennsylvania

~ Pennsylvania Health Law Project

The Community Health Choices program made its debut in 2018, beginning in 14 southwestern PA counties. In 2019, another 14 counties in southeast PA will begin to use the CHC program. Finally, in 2020, the CHC program will be rolled out across the rest of Pennsylvania. This presentation will discuss the changes in the waiver programs, the evaluation process of the CHC, and important information for providers and for individuals with brain injuries.

Tuesday, June 25, 2019

2:15 pm to 3:15 pm

TUESDAY AFTERNOON PLENARY

Medical Marijuana: Cannabinoids and Cranial Injuries

~ Leonard Kamen, MD

Cannabinoids from marijuana have been used for centuries in the healing arts. This talk will review some of the culture,

myths, and medical properties of marijuana. The neuroscience and pharmacological effects of the endo-cannabinoid system (where we manufacture our own cannabinoids) and the effects of phyto-cannabinoids (from plants) will be explored. A fair and balanced approach to medical marijuana, especially pertinent to those with cranial trauma, will be presented. A primer of how and when to initiate and complete the process of starting a rational course of cannabinoid treatment will unfold.

Tuesday, June 25, 2019

3:15 pm to 4:15 pm

CLOSING SESSION

Closing Out the Conference: Full of Ideas and Ready to Go!

~ Madeline DiPasquale, PhD

In our last session, Dr. DiPasquale will review the major themes and ideas covered in all 22 presentations during the conference. Her lively and energetic review will leave you feeling inspired to continue in your journey of rehabilitation, recovery and life!

2019 Poster Presentations

Finding Your Wings! Air Travel after a Brain Injury

Emily Ackerman, Susan Bates, Eileen Cody & Katie Kittle

The Education of New Nurses to Brain Injury

Catharine Farnan Kennedy

Managing Fatigue after Brain Injury

April Moser & Julie Schlauch

Getting “Out & About” after Brain Injury

Carrie Ocheskey & Kathleen Lyons

Making Love Last – Developing Healthy Relationships after TBI

Lisa Smith, William Annechini, & Jolene Klotz

ACBIS INFORMATION

A pre-conference Certified Brain Injury Specialist (CBIS) Review Course will be held on Saturday, June 22, 2019 (10:00 am – 6:00 pm) and Sunday, June 23, 2019 (8:00 am – 1:00 pm). The CBIS exam (offered through ACBIS), open to attendees of this review course, will be held on Sunday, June 23, 2019 (2:15 pm – 4:30 pm). Eligibility requirements for taking the CBIS Exam can be found at www.biausa.org/acbis/cbis. This Review Course will emphasize materials which may be covered in the exam. However, it is highly recommended that you study prior to the CBIS Review Course and the examination. Pre-registration is required, since limited testing seats are available. Anyone interested in registering for this training **must** contact Kara Latshaw by calling 1-866-635-7097, or email admin@biapa.org for requirements and registration details. The deadline for applying to ACBIS, to become eligible to take the CBIS Exam, and for registering to attend the Review Course, is May 17, 2019. No exceptions to the deadline will be made.

ACBIS Brain Injury Fundamentals

Brain Injury Fundamentals is an all-new training and certificate program designed to recognize the unique needs and challenges of those who care for or interact with individuals with brain injury. This includes non-licensed direct care staff, facility staff, family members and friends, first responders, and others in the community. A pre-conference Brain Injury Fundamentals Training will be held on Sunday, June 23, 2019 (9:00 am – 4:00 pm). The Fundamentals quiz (offered through ACBIS), open to attendees of the course, will be held on Sunday, June 23, 2019 (4:15 pm – 6:30 pm). The mandatory training course covers essential topics such as cognition, guidelines for interacting and building rapport, brain injury and behavior, medical complications, safe medication management, and families coping with brain injury. The course is grounded in adult learning principles, maximizing participant engagement and application through an interactive workbook. Using real-life scenarios to anchor the course concepts, participants learn about the challenges people face following brain injury and the types of support they need. This essential program will help trainees understand different types of behavior, manage medication safely, and provide support to families and friends.

After successfully completing intensive training and quiz, the trainees will receive a certificate that is valid for three years. Pre-registration is required since limited testing seats are available. Anyone interested in registering for this training must contact Kara Latshaw by calling 1-866-635-7097, or email admin@biapa.org for requirements and registration details. The deadline for applying to Fundamentals to become eligible to take the quiz, and for registering to attend the Training is May 17, 2019. No exceptions to the deadline will be made.

**** Additional details and application procedures available at www.biapa.org.***

Continuing Education Credits and Contact Hours

Continuing education credits or contact hours have been applied for:

Case Managers

Certified Brain Injury Specialists

Licensed Professional Counselors

Occupational Therapists

Personal Care Home Administrators

Physical Therapists

Psychologists (an additional charge of \$25 is required)

Recreational Therapists (an additional charge of \$25 is required)

Registered Nurses

Rehabilitation Counselors

Rehabilitation Nurses

Social Workers

Speech Therapists

Continuing education credits or contact hours are pending approval. To receive CEU credits in a specific discipline or a general certificate, you must register, pay the CEU fee of \$40 (psychologists & recreational therapists - \$65), sign in at the CEU desk at the conference, complete evaluations after attending sessions, and return the completed evaluations. BIAPA is not responsible for individual CEU credits if the process is not followed. Refunds will not be made if the process is not followed.

Unlocking Potential through Exemplary Services, Innovation and Research

BREAKOUT	TRACK #1	TRACK #2	TRACK #3
Saturday, June 22, 2019 10:00 am – 6:00 pm (7 hrs) Lunch Break 12pm – 1pm	Review Course: Brain Injury Specialist Certification (CBIS)		
Sunday, June 23, 2019 8:00 am – 1:00 pm (5 hrs) Lunch Break 1pm – 2pm Exam 2:15 pm – 4:30 pm	Review Course & Exam: Brain Injury Specialist Certification (CBIS)		
Sunday, June 23, 2019 9:00 am – 4:00 pm (6 hrs) Lunch Break 12pm – 1pm Exam 4:15 pm – 6:30 pm	NEW - Brain Injury Fundamentals Course & Quiz		
Sunday, June 23, 2019 2:00 pm – 3:15 pm	Sunday Opening Keynote <i>Weasilience: Handling Life's Wild Moments</i> Carole Starr		
Sunday, June 23, 2019 3:30 pm – 4:30 pm	Session 1 <i>This is Rehab: Martial Arts as a Therapeutic Intervention</i> Maggie Hackman & Brennan Ganteaume	Session 2 <i>I Am Not Me: Emotional Adjustment after Concussion/ Mild Brain Injury</i> Ann Marie McLaughlin	
Sunday, June 23, 2019 4:30 pm – 4:45 pm	Break – Exhibitors & Posters		
Sunday, June 23, 2019 4:45 pm – 5:45 pm	Session 3 <i>Meditation Not Just for Life, but for Brain Health</i> Christine Lawrence	Session 4 <i>Artistic Depiction of Emotional Consequences of Brain Injury</i> Heather Brossman, Sally Kneipp & Kym Stine	
Sunday, June 23, 2019 5:45 pm – 7:30 pm	Sunday Evening Reception <i>Inspirational Address by</i> Ruby Taylor <i>(included in the cost of registration)</i>		
Sunday, June 23, 2019 8:00 pm – 10:00 pm	The Sunday Night Movie Event <i>Every 21 Seconds</i> <i>(included in the cost of registration)</i>		
Monday, June 24, 2019 8:00 am – 9:00 am	Breakfast Buffet <i>(included in the cost of registration)</i>		
Monday, June 24, 2019 9:15 am – 10:15 am	Monday Opening Keynote <i>TBI - Walking in the Unknown</i> Lydia Greear		
Monday, June 24, 2019 10:15 am – 10:45 am	Break – Exhibits & Posters		
Monday, June 24, 2019 10:45 am – 11:45 am	Session 5 <i>Applying Principles and Practices of Person-Centered Thinking in Brain Injury Rehabilitation</i> Stefani Eichelberger & Sally Kneipp	Session 6 <i>Neurological Manifestation of Psychological Symptoms: A Case Study</i> Erica Devery	Session 7 <i>Let's Get Together: The Opportunities and Challenges of Group Therapy After Brain Injury</i> William Gardner
Monday, June 24, 2019 12:00 pm -1:00 pm	LUNCH <i>(included in the cost of registration)</i>		
Monday, June 24, 2019 1:00 pm -1:45 pm	Brain Injury Association of Pennsylvania Annual Meeting		

BREAKOUT	TRACK #1	TRACK #2	TRACK #3
Monday, June 24, 2019 2:00 pm – 3:00 pm	Session 8 <i>Creating Infrastructure for Ex-Offenders with Brain Injury: From Identification to Community Living</i> Madeline DiPasquale, Monica Vaccaro & Chris Von Zubin	Session 9 <i>Unlocking Potential Through Planning: Benefits, Waivers, Guardianship and Estate</i> Branden Sacks, Brittney Yanchek & Alissa Gorman	Session 10 <i>Use of a Structured Problem-Solving Approach After a Traumatic Brain Injury</i> Jordan Kurland
Monday, June 24, 2019 3:00 pm – 3:15 pm	Break – Exhibits & Posters		
Monday, June 24, 2019 3:15 pm – 4:15 pm	Session 11 <i>The Road to Recovery: A Model for a Cognitive Linguistics Therapy Group after Traumatic Brain Injury</i> Shelley Slott, Meghan Schafer, Jaclyn Kolano, Krupa Desai & Cassidy Mertz	Session 12 <i>Brain Injury and Addiction: A Cognitive Rehabilitation Approach</i> Jennifer Urbine	Session 13 <i>Celebrate Success: Survivors Describe Their Brain Injury Rehab Process, Their Strategies and Successes</i> Ann Marie McLaughlin and Survivor Panelists
Monday, June 24, 2019 4:15 pm – 4:30 pm	Break – Exhibits & Posters		
Monday, June 24, 2019 4:30 pm – 5:30 pm	Session 14 <i>The Clinicians' Guide to Purposeful Rounding</i> Beth Anne Unger & Amy Monroe	Session 15 <i>Three Innovative Rehab Programs to Promote Recovery Following Brain Injury</i> Kelli Williams, William Leiner, Areli Pellegrino & Thomas McCurnin	Session 16 <i>Utility of a Virtual Voice Assistant for Individuals with TBI: Applications, Limitations and Considerations</i> Tim Makatura & Tina Bunyaratapan
Monday, June 24, 2019 5:30 pm – 7:30 pm	Reception & Silent Auction <i>(included in the cost of registration)</i>		
Monday, June 24, 2019 7:30 pm – 9:30 pm	Coffee with Cristabelle Open Mic Session <i>(included in the cost of registration)</i>		
Tuesday, June 25, 2019 7:30 am – 8:30 am	Breakfast Buffet <i>(included in the cost of registration)</i>		
Tuesday, June 25, 2019 8:30 am – 9:30 am	Tuesday Morning Keynote <i>Dementia After Traumatic Brain Injury: What is the Pathology?</i> Dr. Ramon Diaz-Arrastia		
Tuesday, June 25, 2019 9:30 am – 9:45 am	Break – Exhibits, Posters		
Tuesday, June 25, 2019 9:45 am – 10:45 am	Session 17 <i>Triage Considerations for Optimal Recovery in Concussion Patients</i> Elizabeth Anne Rohrer & Dale R. Walton	Session 18 <i>Brain Injury in Older Adults</i> MJ Schmidt, Monica Vaccaro & Julie Myers	Session 19 <i>Post Traumatic Amnesia Protocol: An Interdisciplinary Approach in the Acute Rehab Setting</i> Elizabeth Marcy, Stephanie Farm
Tuesday, June 25, 2019 10:45 am – 11:15 am	Break – Exhibits, Posters, & Check out from Hotel		
Tuesday, June 25, 2019 11:15 am – 12:15 pm	Session 20 <i>Endophenotypes of Traumatic Brain Injury: Biomarkers Will Guide Novel Therapies</i> Dr. Ramon Diaz-Arrastia	Session 21 <i>Songwriting and Lyric Analysis in Music Therapy</i> Kathleen Lyons	Session 22 <i>Healing through Spirituality: Introduction of Chaplain Services to TBI/ABI Rehabilitation</i> Karen Rosenberger, Brandon Grasso & Paul Auckland
Tuesday, June 25, 2019 12:15 pm – 1:15 pm	LUNCH <i>(included in the cost of registration)</i>		
Tuesday, June 25, 2019 1:15 pm – 2:15 pm	Tuesday Lunch Plenary <i>CHC – The New Waiver Program for Pennsylvania PA Health Law Project</i>		
Tuesday, June 25, 2019 2:15 pm – 3:15 pm	Tuesday Afternoon Plenary <i>Medical Marijuana: Cannabinoids and Cranial Injuries</i> Dr. Leonard Kamen		
Tuesday, June 25, 2019 3:15 pm – 4:15 pm	Closing Session <i>Closing Out the Conference: Full of Ideas and Ready to Go!</i> Dr. Madeline DiPasquale		

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REGISTRATION FORM

Deadline to Register - Friday, June 14, 2019

Name: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

REGISTRATION TYPE <small>(Full Conference registration includes Sunday Reception, Mon. Breakfast, Mon. lunch, Mon. reception, Tues. breakfast, Tues. lunch, and coffee breaks.)</small>	COST	TOTAL
Professional: Full Conference <i>I plan to attend the days and meals I indicated below.</i> DAYS: <input type="checkbox"/> Sunday <input type="checkbox"/> Monday <input type="checkbox"/> Tuesday MEALS: <input type="checkbox"/> Sun. Reception <input type="checkbox"/> Mon. Breakfast <input type="checkbox"/> Mon. Lunch <input type="checkbox"/> Mon. Reception <input type="checkbox"/> Tues. Breakfast <input type="checkbox"/> Tues. Lunch	\$400	
Professional: One Day <input type="checkbox"/> Monday -OR- <input type="checkbox"/> Tuesday MEALS: <input type="checkbox"/> Mon. Breakfast <input type="checkbox"/> Mon. Lunch -OR- <input type="checkbox"/> Tues. Breakfast <input type="checkbox"/> Tues. Lunch	\$275	
Survivor/Family Member/Student: Full Conference <i>I plan to attend the days and meals I indicated below.</i> DAYS: <input type="checkbox"/> Sunday <input type="checkbox"/> Monday <input type="checkbox"/> Tuesday MEALS: <input type="checkbox"/> Sun. Reception <input type="checkbox"/> Mon. Breakfast <input type="checkbox"/> Mon. Lunch <input type="checkbox"/> Mon. Reception <input type="checkbox"/> Tues. Breakfast <input type="checkbox"/> Tues. Lunch	\$175	
Survivor/Family Member/Student: One Day DAYS: <input type="checkbox"/> Sunday -OR- <input type="checkbox"/> Monday -OR- <input type="checkbox"/> Tuesday MEALS: <input type="checkbox"/> Sun. Reception -OR- <input type="checkbox"/> Mon. Breakfast <input type="checkbox"/> Mon. Lunch -OR- <input type="checkbox"/> Tues. Breakfast <input type="checkbox"/> Tues. Lunch	\$125	
ACBIS Review Course (registration deadline May 17, 2019)	\$250	
ACBIS Brain Injury Fundamentals (registration deadline May 17, 2019)	\$150	
Continuing Education Credit Fee	\$ 40	
Continuing Education Credit Fee for Psychology & Recreational Therapy	\$ 65	
TOTAL ENCLOSED		

Payment Method:

Check: payable to BIAPA Credit card: VISA MasterCard Discover AMEX

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Name on Card: _____ Expiration Date: _____

Billing Zip Code: _____ 3 Digit Verification Code (on back of card): _____

Signature: _____

Complete and return form by June 14, 2019 to BIAPA, 950 Walnut Bottom Road, Suite 15-229, Carlisle, PA 17015

Cancellation Policy: If you need to cancel your registration, you are eligible for a 50% refund if you notify BIAPA by May 17, 2019.

Failure to provide notification by that date will result in the loss of the full registration fee. Substitutions are welcome!